

*Are You
Enslaved by
Your
Emotions?*



Rozália Horváth Balázs



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Edited and Proofread by Margaret Tucker
Illustrations and cover by Virginia Smith
Typesetting by Rozália Balázs

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Email: rozalia1@optusnet.com.au
Web: www.akashicrecords-tarot.com



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Authors Biography



Rozália is a Clairvoyant and Conscious Channel from the Akashic Records. She was born in Hungary, and from 1968 she moved to live in Sydney Australia.

Rozália descended from a long line of distinguished Spiritual clairvoyants. For many years she has been teaching in the field of Metaphysical Self Awareness. The subjects included; meditation, crystals, chakra balancing, aura & color reading, basic astrology, tarot cards, palm reading, spiritual healing and how to learn to channel and working with the Ascended Masters and its Governing Hierarchy. She is well known and respected in the field of physic divination when reading Palms, Tarot or karmic relationships with astrology.



When I self published my first book; *“How to Channel from the Akashic Records”*, I received a large amount of feedback about how much my book has helped so many people. Nevertheless, I also received feedback from a small number of people, who purchased the Tarot book, and informed me that they were not interested to learn how to read the Tarot, but when they read the chapter titled: *“the Meta Physical information guidelines and principles,”* they found that it was unique and interesting.

They realized that those Meta Physical principals do not just apply to the tarot cards, but any spiritually inclined work falls under these *“traffic rules.”*

The next thing I needed to do regarding this information was to request in my next meditation a meeting with my Spiritual Hierarchy. They then gave me their blessing to write another book and set the platform for the Souls Journey and the hardship of the emotional body and its every day of realities.

Once again I received new information which I had not been aware of to this extent. I am referring to **homosexual people** and the purpose they serve in our evolutionary cycle. Once you read this book you will not have any more excuses not to change your life for the better. **Because the truth will set you free.**

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PREFACE

According to the ancient Mayan prophecies, during the period approaching 2012 we are about to finish this cycle of evolution (the third dimensional way of life) and move into the fifth dimension which represents a conscious awareness of the Spirit. So what does this really mean to us all? The answers are many, as the question arises to all these scenarios.

In order to understand what is taking place right now and how those changes are going to affect us, and how we fit into the scheme of things (for the benefit of those who just happened to step on the road of self-discovery), we have to start from the beginning.

In this book, I will attempt to shed some clarity and understanding regarding the following questions: do we have any reason to be alive? Or are we nothing more than just a fluke of nature? Is there anyone out there who is running our lives and calling the shots? On the other hand, have you ever asked yourself why some people can get away with blue murder, and others cannot? The first time you think about those questions, I am afraid the magic solution will not appear instantly on a silver platter for you. However, what you will find for the very first time is that deep within you a curiosity begins to emerge. In addition, this curiosity will not be going away until you find some answers. The name of the game is that everyone has to seek and search this information out for themselves. Personally, I call this the beginning of your journey towards self-discovery. However, never fear when those questions enter your mind, the right person as a teacher or the right book will be presented to you and will offer you the information you are seeking. The wisdom of the Ancients' states that; "*when the student is ready the teacher will appear*". The authenticity of this statement has been verified by many.

When I was growing up, I remember very clearly two types of people that shaped my life. I refer to them today as the Martyrs and the Students of life. The Martyrs constantly complain about something or someone and everything is everybody else's fault, but never theirs. Therefore, I presumed at the time that they were unlucky and somehow life had short-changed them. In other words, they were somehow stuck in the mud for better or for worse. By the time I reached age 10 or 11, I realized that they had the victim mentality and the attitude to go with it. Another thing I noticed was that occasionally some people who had been living their lives as Martyrs, for some reason, had finally had enough of playing the victim. In addition, within a short space of time, their attitude and quality of life began to change for the better, and to my amazement, I found that it was then a pleasure to be around them.

The type of people who are **the Students/Seekers** of knowledge always presented themselves to me as wise and compassionate people. They taught me very early on that if you want to become a successful and happy person you need to become a seeker of knowledge and gather as much information about life as possible. The most important thing they did was point out the difference between worldly possessions and gathering knowledge. When you are gaining knowledge, you also gain power.

You can lose all your possessions at any time, but no one can take away from you what you have already learned. **That is forever.**

From the earliest years of my life that I can remember I was naturally curious and a “seeker of knowledge”. One day I realized that the more I learn, the less I know. The reason for this because every subject within our world of realities and beyond is constantly evolving and this type of change can be referred to as the “never-ending story”. After all this time, I gathered as much knowledge as I possibly could.

If today anyone would ask me what I have learned so far, my answer will have to be the same as before: “Because the only thing I know for sure is that I still know nothing.” However, I do know enough to share with you the wisdom I have gathered throughout the journey of my life, and I hope that you will use it to change and improve your lifestyle for the better.

So let us begin our journey!

Book Exempt's

Planning the Itinerary for the Soul to be Reborn.

When you, (*as a Soul Consciousness*) are ready to begin and continue your education on Planet Earth School, according to your needs of learning, the Karmic Council of Light and your Higher Self will devise a blueprint, (*your itinerary*) from your time of birth to the passing-over stage.

Your Itinerary will Includes:

- * Selecting a country in which you need to be born
- * Selecting your parents, and your immediate family members
- * Selecting your future relationships as spouses
- * Selecting your friends, teachers
- * Selecting your children, to have or not to have
- * Selecting a career within the work force
- * Selecting your financial situation; whether you will be rich, poor, or only just have enough.

Each major subject will have its own guide structure who will be responsible for that particular subject, and see to when each time you are ready to be upgraded, than the next guide sift to take over.

This you will recognize in your present daily life as you suddenly want to do certain things, which you previously had no desire to do so. When this sudden change of desire occurs, this usually signals that you have progressed and the next shift of Guide structure is taking over. This shift of change will take you to the next higher levels of your learning.

For example; when you attend school, each year your teacher is different from the previous year. And when a new teacher takes over a subject, it is taught to you at a higher level. This is also the case with the Guide structure.

A Master being will be selected to be your gatekeeper, to oversee everything that is going to take place in your life according to your blueprint timetable.

You will have an agreement, (*exchange of a contract*) with anyone with whom you may have to spend more than five minutes in your life's journey, allowing you to teach and learn from one another in the Earthly School of Life.

Gatekeepers seldom change and each Soul Consciousness will have the same gatekeeper for many re-incarnations to come. The gatekeeper is in charge and keeping its eyes of anyone who wants to enter into your world without prior agreements. And when someone enters without a calling card, the gatekeeper will deny entrance.

The Farewell Party

When the Soul Consciousness is ready to be re-born, and the blue print has been completed, the Soul's is invited along with the other Soul's which are about to start their journey to Planet Earth School to a farewell party. At this party they are served a very potent drink. This beverage will be served as "memory block" of the Soul's true identity as a Divine being, and it will also block out all past life memories. After the party is over they will all fall into a deep sleep. The Soul extensions are then placed **in the re-birth pool** to await the appointed Astrological alignment and the chosen parent to be ready, so the pregnancy can take place. When you born, you will not have any memory of your past lives, until you return back to the astral planes again. That is, unless it is part of your itinerary to progress Spiritually on Planet Earth and due to Metaphysical advancements you will gain the grace to remember your true identity and your past life history.

The Definition of the Phrase “Being a Martyr.”

From Wikipedia, the free encyclopedia

- ♦ **One who will choose** to make great sacrifices to further one's belief, or a cause or principle.
- ♦ **One who makes** a great show of suffering because of misfortune or hardship in life in order to arouse sympathy.
- ♦ **Or** when the person has not developed enough courage and self-respect to step out of the rut.

The students of the planet earth school of learning become aware of the simple fact that **so many things** out there that we do not -know of, -or understand, or even aware about actually do exist. And the only way to find out and learn about these things is by asking questions all the time. When we face any negative situations in our daily lives we can approach this issue two ways; the Martyr's way or the Student's way.

The Martyr's way will ask - “But why me?”

The student on the other hand will ask silently within: “What do you trying to teach me, what I need to look at to gain more understanding regarding to this issue?”

The process for working out any negative situation will proceed in two stages.

The first stage will take place in the mental plane; for instance, every time a thought form pops up in your mind regarding that issue, the first rule is to not allow your mind to make up excuses on your behalf **but** to instantly confront that thought form with these questions;

“What are you trying to teach me, and why? I don't understand the significance of this lesson.”

Sometimes you may have to ask those questions over and over, and it may take a whole week before you receive any clarity and understanding. But perseverance will gift you with a clear view of comprehension. And you will realize that sometimes the crux of the problem began long before in many past lives.

The problem begin in past lives and fallows you in the present.

For example; the son may be accusing his father of chasing every potential partner away, with his endless interfering attitude. So he asks his father to stay away from him and his lady friends. The poor father is scratching his head, because according to him and also everyone around him, he always behaves with courtesy and respect towards all the girls the son has introduced to the family. He cannot understand why his son is accusing him with this type of behavior.

In this life cycle the father's behavior belongs in the student's category. And he has spent long hours thinking about why his son has been accusing him with this type of

attitude. During his meditation he finally receives a past life vision. He was shown that in that particular life he was the mother of his present son. The mother chased all the women out of his son's life. She was very domineering and ruled with iron fists. Her son on the other hand lived a very lonely and angry life because of her. So the son promised himself next time around he will guard his personal relationships with an iron fist.

But let's just take one more step back into another past life and see why this mother guarded her son and could not bear to see him happy with anyone. In the earlier past life the mother was playing the role of his wife and the present son was the husband. At the beginning of their marriage the wife was very loving and trusting. She did not realize that she had married the biggest womanizer and loser in the region. In a very short space of time they began to have children one after the other. In those days divorce was out of the question. So she had to grin and bear it, and she promised herself no man was ever going to use her and shame her as this husband did.

So you see, no-one is as innocent as sometimes we perceive. We must never judge before we really know all the facts. In this life cycle new character roles have taken place, and this time around the one who used to be his mother, has taken the role of the father. They have come together in this life cycle with the purpose that they have to heal their lost love, and rebuild trust and respect towards one another.

When the father comes out of his meditation he will have a deeper understanding of the present situation. He will not be taking the accusation of his son personally, because that behavior he is accusing him of now is **not applicable** this time around. He has already transformed that negative behavior which has taken him four separate life cycles do so with other study partners. He gained enough wisdom, and he will be able to heal the past mistakes with his son this time around. The next time when he is going to meet up with his son, he will share his past life vision and assure him that this time around he will not behave as he did in that particular past life. Because of this realization - *The truth will set them free*. The son and father will finally have the chance to rebuild trust and love back into their relationship. When we engage in a verbal misunderstanding and fight with anyone, neither party is going to be happy. Deep down everyone wants to work out the situation, and when one of the opponents offers a green olive branch most of the time it will be accepted gratefully.

What is Meditation and why do you need it?

Every day of our lives our mind is always active and it never stops. There is always an event or project on our minds or simply positive or negative day-dreaming taking place. I can only compare the working of the mind to a freeway without traffic lights where each car is driving at the highest speed to their heart's content. Up until now, you may not have had the need to install "traffic lights" inside your mind to stop your chaotic thoughts at will. But when you realize that in order to change your life for the better and actually step on the road to self-discovery, the first subject that will be introduced to you by your teachers is MEDITATION.

With regular Meditation, you will learn how to still the mind and to ignore the flow of thoughts, ideas and sounds. Meditation or chanting mantras is a very powerful mind exercise. Without it you cannot ensure spiritual self-awareness or communication with your spirit guides. Once you have decided to step on the journey of self-awareness, daily meditation **is not only optional but a must.**

Meditation also serve as an agent for **balancing** your three levels of consciousness, **clearing and balancing all your chakras, clearing and strengthening your auric field** and thereby **preventing any negative beings** attaching themselves to you, or from influencing you in any manner. By the time you are ready to communicate with the higher guides, your auric field will be able to accommodate that process. In addition, your Lower Ego (the emotional body) will get the message that its leadership in your life is NO MORE, and gradually it has to learn to surrender itself to the Higher Ego (the Soul consciousness).

Where does this self - sabotaging behavior pattern come from?

When you chose your parents, you selected them because they have the same lessons to learn as you do. Your parents will set the example for you from the time of your birth. When you have grown up and are ready to enter into your first relationships, you will not find it surprising if your partner begins to treats you the wrong way. This sort of treatment will be normal and familiar to you and your partner.

You have both grown up in an abusive household. Neither of you like what you see nor feel, but you don't know how to change this abusive behavior. And later own when you gain enough courage and able to walk away from one another, you will promise yourself that the next partner will be the best in the world.

The problem starts when you grow up and your hormones guide you in the name of love, you will be drawn to the same category of behaviors as your parents were. The good news is that you can break out of this mold any time.

Why does the Aids Virus Mainly Affect Homosexuals?

In our society due to sheer ignorance, homosexuals are persecuted by the general public. The public labels them as rejects and misfits of our society. When a young person realizes for the very first time that he/she is homosexual, they feel they have to hide it from their parents, friends and the world. They begin to feel dirty, ashamed, and guilty. All these negative feelings about themselves will be stored and processed within the person's base, hearth and immune chakra. *(Please refer to the auras & chakras pge...)*

The **base chakra** represents a very important function in our body. This is a center (office), which is dealing with and processing all the experiences and feelings to do with procreation and sexuality, and the will to live.

When your base chakra keeps registering negative information such as self-doubt and hatred and shame etc, then it will have no choice but to send an S.O.S message to the heart chakra.

The **heart chakra** represents love for self and others.

The request from the **base chakra** to the **heart chakra** will be as follows: “in order to function properly I urgently need you to send me self-love and respect otherwise I am going to be out of balance. And when I am out of balance I cannot maintain physical well-being, and eventually I will lose my will to live.”

The **heart chakra** will reply back, “I am sorry I have the same problems as you do; my heart is full of self-hatred, fear and misery”.

Meditation

On

Earth Cleansing & Planetary Healing

You may continue on with this part when you are finished with the “boogie busting” or towards the end of Meditation, or simply just use this on its own at different time.

Leap up into the air and you will find to your amazement that you can fly. – As you keep rising away from the ground, high up into the atmosphere, - within a short space of time you realize that you reach the outer reagent of the earth’s ozone layer, you are slowing down and stop at a comfortable distance - until the Planet Earth is well below you. -

Suddenly you realize that you are not alone – from out of no were the cosmos field with variety of Angels and Spirit guides - They welcome you – and happy to assist you to heal the Earth.

Ask permission from Mother Earth to except from you healing and cleansing her. - From the golden orb above you, a beam of white light descends towards you. - It enters through your crown chakra and into your heart chakra. - As you open up your heart center a silvery white beam of light pours out. - You take up position right above the north pole where the spine of the earth begins - and direct the light beam from your heart chakra in to the North Pole, - the light will travel true the earth’s spine, which will comes out at the South Pole - As the silver beam of light fills up the earth’s spinal column, - visualize that the light beginning to expand throughout the entire Planet, - until it reaches beyond the ozone layers.

The silvery white light filters and pushes and carries with it, all negative residues - and forming dark clouds all over the earth.

Look into your right hand, you find that a silvery white color butterfly net has just appeared. - This is a magical net - and you inner knowing telling you to scoop up the dark clouds with your net. - As you flying above one of those dark cloud, and scoop

some up with your butterfly net, - suddenly you realize from the end of your net a white pink light is pouring out, - and the pink light falling back onto the Earth. - This can only mean one thing - that you are holding a special magical net in your hand, which is able to transform dark negative energy into pink loving light.

Now, with this realization and magic device, you then begin to fly around the earth and gather up all those dark clouds - and transform them all into pink clouds of light. - Within a short period of time you see that half of the Planet is already blanketed under the pink light. - With a fast circle around the Planet and a final scoop up, - the entire Planet is covered with a radiant pink light.

Now, you are ready to deliver the last stage of healing. Positioning yourself once again above the North Pole, - from your heart chakra direct the colors of the rainbow into the spine of the Earth. - Visualize those colors as they expand throughout the Planet. - It is radiating with the divine healing. - This spectrum of lights will transform every cell within the four kingdoms, - and install divine love, wisdom and harmony. - **Now**, your heart chakra stops emanating the light out. - You have done what you have set to do, and suddenly realize you are gently drawn back to planet Earth. - As you enter the atmosphere, - flying through the white pink clouds - you find that you are descending closer and closer to a green meadow. - As you reach the ground, and standing firmly on the ground, you are immediately ready to spin towards the right side of your body. - **As you begin to spin**, first fast then in short space of time - you begin to slow down gradually to a standstill.

Closing down; the final stage of Meditation

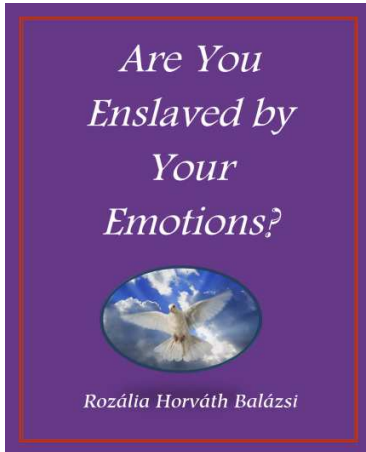
Take a deep breath, and as you slowly exhale - you begin to feel sensations in your body and realize that you are seated in a chair, - or lying on the floor.

Take another deep breath, and as you exhale, you begin to feel a gentle sensation running down - your face - your shoulders - your chest - your legs, and all the way down to your toes.

Take another deep breath, and as you exhale, open your eyes, and be fully awake and alert to start your day.

This Book Provides Information and Guidelines

*On how to turn
A Martyr into a Student of Life.*



The purpose of “**the Martyr’s Pathway**” is to supply you with all the experiences you need to understand about yourself as a spiritual and physical emotional being. This pathway serves to teach you to perfect the three main character traits within ourselves, which are:

- ◆ **Love** – for self & others,
- ◆ **Respect** - for self & others,
- ◆ **Courage** – to stand up for yourself and what you believe in.

Without perfecting these three main character traits, **YOU** as a student of the Planet Earth School cannot graduate.

This book provides information and guidelines on;

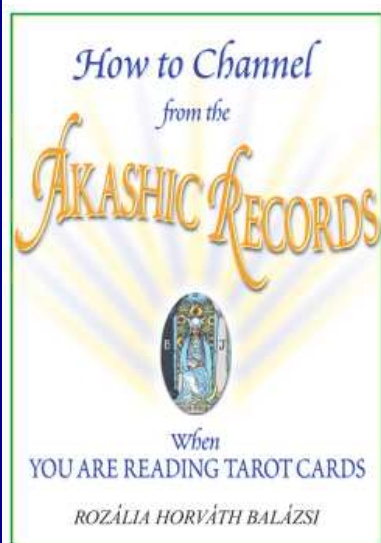
- ◆ The origin of humanity
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- ◆ The beginning of the low self esteem.
- ◆ How to recognise and develop; Self love, Self value and Self respect
- ◆ How to Earned Self Respect

This book contains of 160 pages

Have You Ever Wanted to Read Your Own Tarot Cards

But, Didn't Know How?

*This book caters for 3 groups of people
About the Mysteries of the Tarot World.*



The **first level** is for those who simply want to know how to read the tarot cards from the **first spread**, and **nothing** else.

The **second level** is for those who wish to learn to see clairvoyantly, channel and communicate with the Ascended Masters and its Arc Angels.

And the **third level** is for those who wish to channel: **Past Lives – Present – and Future events** from the **Akashic Records** when you reading the tarot cards.

- ❖ For the very first time Spiritual **Trade Secrets** will be shared with the students of the Tarot.
- ❖ The **Akashic Library** also opened its doors like never before, and invite in those who is ready to learn and share its **ancient secrets**.
- ❖ This book gives guidance as to how to achieve and earn your “free pass” into the **Akashic Library**, providing that you follow the golden rules of the **Royal Road of the Tarot**.
- ❖ This book covers it all, and is perfect for both novice and professional Tarot readers alike.
- ❖ What you will read in this book has **never** been revealed **until now!**

This book contains of 351 pages

Rozália would like to receive your feedback on the book contents. Please do not hesitate to get in touch with me if you need clarity on certain subjects you have found within the book. I am happy to give you more guidelines of any particular issue.

In addition, I would like to request from you if you like the contents of either of these books, please let your friends or other like-minded people know about their availability. These books are self-published by me, which means they are not available at this stage in bookshops. Only through **Amazon**, **Smashwords** and from my **Website**.

With Love & Light

Rozália

Ph; 61 2 95213951

E;rozalia1@optusnet.com.au

W; www.akashicrecords-tarot.com